

Christ the King School Orientation Handbook

Grades 9-12



Learning and Growing in Christ
Welcome to Charger Nation!



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Greetings from Christ the King School

Home of Charger Nation

Welcome to Christ the King School and thank you for seeing what our school has to offer. Our staff members take your commitment to our school seriously. We pledge to provide you with high quality programming within a caring Catholic environment. Students are known personally by their teachers and a close relationship between the school and home is encouraged and nurtured.

Choosing a high school is an important and difficult task for students and parents. Here are a few points to consider regarding Christ the King School:

- We provide an environment that develops the whole student; academically, physically, emotionally, and spiritually.
- High academic student achievement.
- Our **FLEX** block allows students opportunities for additional support and skill development in a variety of different areas.

Please look closely at our full range of academic programs and our extensive list of electives at the high school level. Let us assist you in making an informed decision about how Christ the King School can best meet your long-term goals. This orientation book provides you with valuable information for planning your high school program as well as descriptions of the courses available at CTK. If you have any questions or require further information, please contact us at the school.

We look forward to a tremendous year of “Learning and Growing in Christ.” May God bless us as we embark on this journey!

Yours in Christ,



Dean
Heck

Principal



Mandy
Rantucci

Vice
Principal

CATHOLIC EDUCATION

As a Catholic school community, we are committed to helping all students achieve at high levels, building community, and growing in relationship with others through Jesus Christ.

Christ the King School is located in the City of Leduc and is a grade 9 to 12 school with an enrollment of approximately 400 students, serving Leduc as well as the larger surrounding rural area.



**Charger Nation:
Learning the Way.
Living the Way.
Loving the Way.**



Faith Development

Students have the opportunity to deepen their faith, as the school offers numerous activities focused on faith formation including: daily prayer, service projects, faith experiences (e.g. Charged! Events, rallies), monthly masses, Advent and Lenten reflections, Feast of Christ the King, Shrove Tuesday Luncheon and participating in the Archdiocesan Youth Retreat.



Student Services

At Christ the King School, we teach for academic and spiritual success. Our approach is to encourage a search for solutions to develop a mature, Christ-like, self-disciplined individual who is a responsible, contributing member of the school and the community. This invites the cooperation of students, parents, staff, and the student services team. The following services are available to all students at Christ the King through the Student Services Office:

Educational Counselling:

- Peer tutoring
- New student orientation
- Scholarship information
- Appropriate course placement
- Evaluation of student transcripts
- Teacher-Student-Parent consultations
- Learning Support and Inclusive Education
- Study skills

Career Counselling:

- Post-secondary workshops and information sessions
- Computer assisted career information
- Information regarding volunteer and/or summer school opportunities
- Information on employment opportunities



*Natasha
Dorman-Watson
Guidance
Counsellor*



*Siobhan Oudith
LSF &
Guidance
Counsellor*

Personal Counselling:

- Crisis counselling
- Dealing with issues such as grief, divorce, suicide, family violence, depression/anxiety, eating disorders, physical/sexual abuse, substance abuse, and self-esteem
- Referrals to outside agencies

Learning Support Services:

- Supporting accommodations and learning needs of students
- Collaborating with external service providers and division personnel around learning supports
- Level B Academic Assessments

Registration Process

Who May Register

- Christ the King School can accept any student who has completed Grade 8.
- First consideration will be given to students of Catholic families who live within the Leduc boundaries and attend one of our feeder school.
- Parents/guardians of students who may qualify for inclusive education can contact Siobhan Oudith, Learning Support Facilitator at 780-986-6859 to arrange for program evaluation.

New Students not enrolled at feeder schools

Please complete the online application found on our school website. You will be asked to provide the following:

- Proof of identity - Canadian birth certificate, passport, permanent resident card
- A current report card from you previous school
- An Individual Program Plan (if applicable)

Please Note: The school reserves the right to control the capacity of all programs. For this reason out of jurisdiction and non-catholic family students will be accepted as space and resources allow.

Important dates

Registration entry days, students will do the following:

- Timetable changes
- Obtain student ID cards
- Have lockers issued
- Have school photo taken
- Textbook pickup

Registration Dates for 2024-2025 School Year

Grade 9 - TBD

Grade 10 - TBD

Grade 11 - TBD

Grade 12 - TBD

School starts - TBD

Grade 9 - Course Planning and Selection

All grade nine students are enrolled in: English Language Arts, Social Studies, Science, Math, Numeracy, Literacy, Phys Ed, Religion, and Health. The balance of the timetable for a grade 9 student is filled with 3 electives.

The electives offered will be based on student interest and scheduling. Grade 9 Elective Course Selection will take place in spring of the previous school year through the students PowerSchool account or for new students on the day of intake meeting.

Block	Semester 1 Sept-Jan		Semester 2 Feb-Jun	
A	Numeracy	PE	ELA	ELA
B	Science	Science	Religion	Electives <input type="text"/>
C	Electives	Literacy	Math	Math
D	Social St.	Social St.	Electives	Health

Grade 9 - Elective Descriptions

The electives offered will be based on student interest and scheduling. Please note that there may be fees associated with certain elective courses.



CTF Art 9 - Students use a range of tools, materials and media to express how they feel, to think artistically and value art. They draw and create art, and examine the art that others have made. * Fees apply*



CTF Ceramics 9 - Learn the art of creating with clay. *Fees apply*

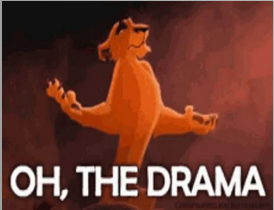


CTF Computers 9 - Learn the basics in computer operations and programs including coding, game design and graphics.

Grade 9 - Elective Descriptions Continued



CTF Construction 9 - Students will use basic hand tools, power tools, and production skills to safely transform common building materials into useful products. They will utilize basic construction and woodworking techniques to produce three wood projects. Students will have the option to use V-Carve software to create projects with a CNC Router. *Fees apply*



CTF Drama 9 - This course introduces and explores theatre from page to stage as a live performing art. Topics include: exploring improv, script writing, character development, stage makeup and more, all while developing communication and collaboration skills.



CTF ESports 9 - Fundamentals provides students a digital framework through an e-sports lens. Students will explore the history of esports, learn genres of games, practice good gamer health, teamwork, and learn basic technology and hands on troubleshooting. *Fees apply*

Grade 9 - Elective Descriptions Continued



CTF Film Studies 9 - Love movies? Love talking about movies? Want to know what makes your favorite movies so great? Students will learn the techniques used to create films, what makes a story so popular in today's culture, and how these films will continue to influence the film industry and society for years to come.



CTF Foods 9 - Students learn basic culinary and baking techniques in a variety of labs, ensuring safety. The goal of the course is to enhance knowledge and gain experience for daily life skills. *Fees apply*



CTF Forensic Science - While Science is the cornerstone of forensics, it embodies concepts in many areas including biology, chemistry, zoology, psychology, genetics, and many more. Forensic Science 9's goal is for students to make sense of complex problems that require logical reasoning and involve numerical data, evidence, and uncertainty.

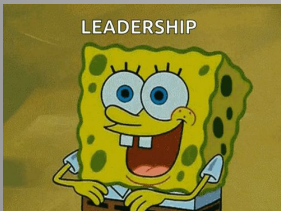
Grade 9 - Elective Descriptions Continued



CTF French 9 - Basic French as a second language for conversational learning and an introduction to French culture. No French language experience is required.



CTF Guitar 9 - Designed for students who are interested in developing their musical skills and knowledge as guitar players, songwriters, and music enthusiasts. The course is designed to spark musical interests and develop instrument playing skills. A variety of musical genres are explored. Students will leave the course with improved playing skills, a greater understanding of songwriting, and positive experiences playing in small group performances. No experience necessary! *Fees apply*



CTF Leadership 9 - This course is to provide students with the knowledge and skills necessary for effective communication, teamwork, and service to others in the school and community. It recognizes that the students must understand the concept of leadership and must be able to lead themselves before they can be effective leaders for others.

Grade 9 - Elective Descriptions Continued



CTF Outdoor Education 9 - Students build knowledge and skills for safe outdoor experiences in all seasons, and will deepen their awareness and respect for nature. In this course, they will cover wilderness hazards and how to mitigate them, shelter building techniques, navigation skills, and a trip to the Strathcona Wilderness Centre. *Fees apply*

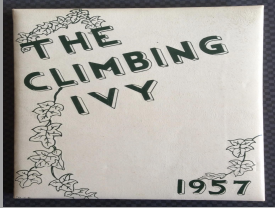


CTF Rec Sports 9 - Students participate and develop skills in a variety of sports and other activities that fall outside of the physical education curriculum. The goal of the course is to create meaningful and experiential learning opportunities that connect students to local area amenities and activities. Possible activities include completion of an Alberta sport fishing education course, ice fishing, archery, golf, weight and personal fitness training, hiking and walking local area paths, rock climbing, and other seasonal activities in and around Leduc. Students will learn and develop cooperation and teamwork, along with an appreciation of the benefits of maintaining an active and healthy lifestyle. *Fees apply*



CTF Sports Leadership 9 - Students will have the opportunity to develop into the area of creating small group games and teams sports; as well as explore the realm of personal wellness and conditioning. Students will have a greater opportunity to build skills and improve leadership qualities in a variety of activities and projects. *Fees Apply*

Grade 9 - Elective Descriptions Continued



CTF Yearbook 9 - Help create the school's yearbook. Take photos, design your pages and get together with other students in a fun and creative environment.

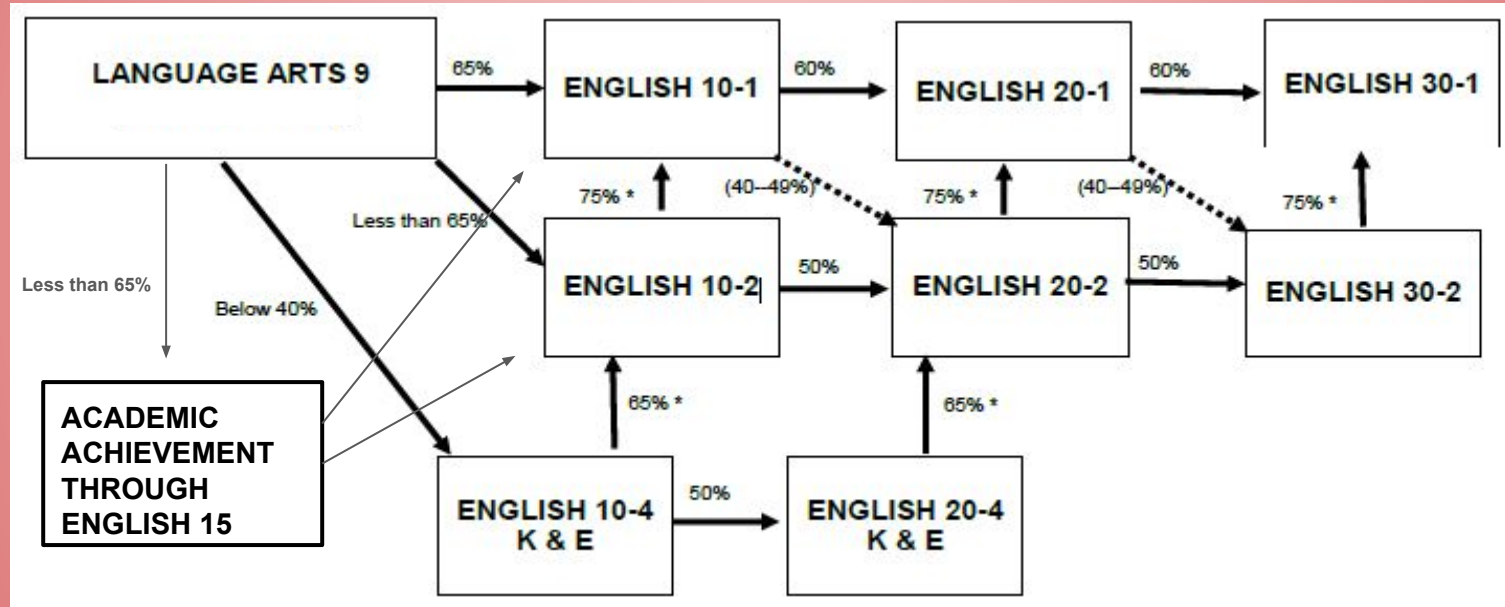


CTF Yoga Fitness 9 - This course has been designed to introduce basic postures, breathing techniques, and relaxation methods of yoga. This sequence of courses does not include the spiritual elements normally associated with Yoga. In Yoga, students experience the health benefits of the discipline of yoga and develop skills that enable them to develop well-being, balance multiple aspects of their lives, and manage priorities. *Fees apply*

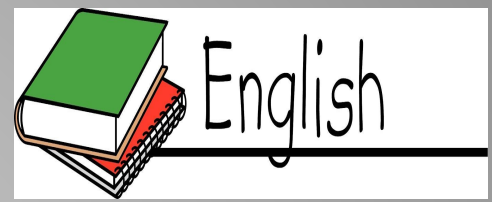


Grade 10 - 12 Course Information

HIGH SCHOOL ENGLISH



HIGH SCHOOL ENGLISH



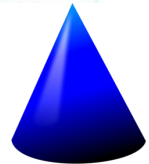
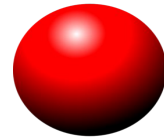
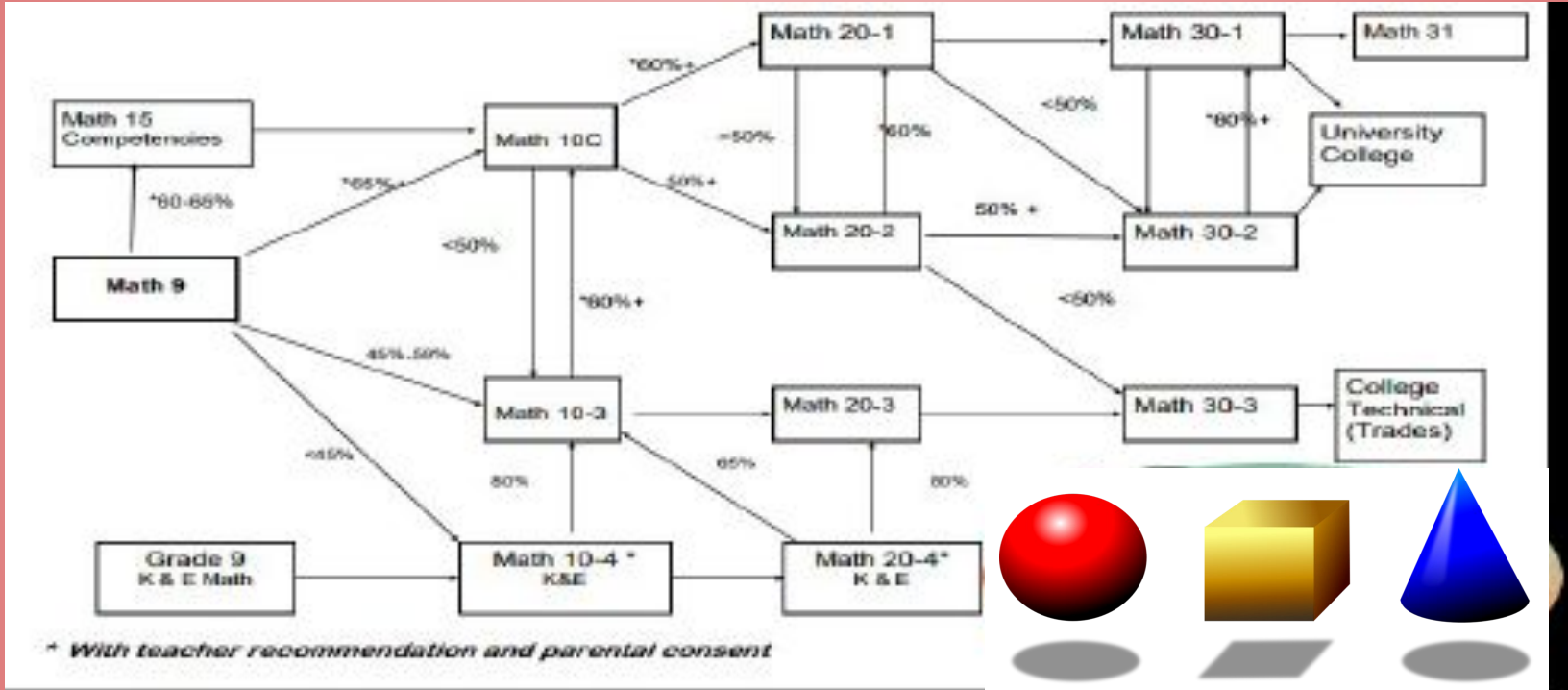
Academic Achievement Through English 15 -This course is strongly recommended for students who intend to take English 10-1. This 3-credit course aims to build the English skills & confidence necessary for students to be successful in future high school English courses. This course will focus on multiple approaches to learning language functions, forms, and vocabulary specific to academic subjects and challenge students to increase their receptive and expressive language skills. This course will provide learning opportunities that will develop students critical thinking, problem solving & communication skills.

English -1 and -2: Content is similar, however, the expectations for ELA 10-1, 20-1 and 30-1 are significantly more rigorous than the expectations for ELA 10-2, 20-2 and 30-2, particularly in terms of concept development, appreciation/analysis of literature, and the development of writing skills and strategies. The –1 stream is required for entrance into most university programs whereas –2 can be used for many college and technical school programs.

A 30-level English is required to obtain a Alberta High School Diploma.

English -4 (K&E): Ideal for students who have experienced extreme difficulty in junior high English Language Arts. This course is designed to help students gain foundational skills in English, preparing them to either take English 10-2, 20-2 and 30-2 in pursuit of a Alberta High School Diploma, or English 20-4 and 30-4 in pursuit of a **Knowledge and Employability Certificate of Achievement**. All K&E courses need to be scheduled with the assistance of our Learning Support Facilitator.

HIGH SCHOOL MATH



Note: A 20 level math is required for a Alberta High School Diploma

HIGH SCHOOL MATH



Competencies in Math 15 - This course has been designed to help students build confidence in math. It will provide learning that will develop students critical thinking, problem solving and communication skills while focusing on the core mathematical concepts required for success in Math 10C. Math 15 is an ideal preparatory course.

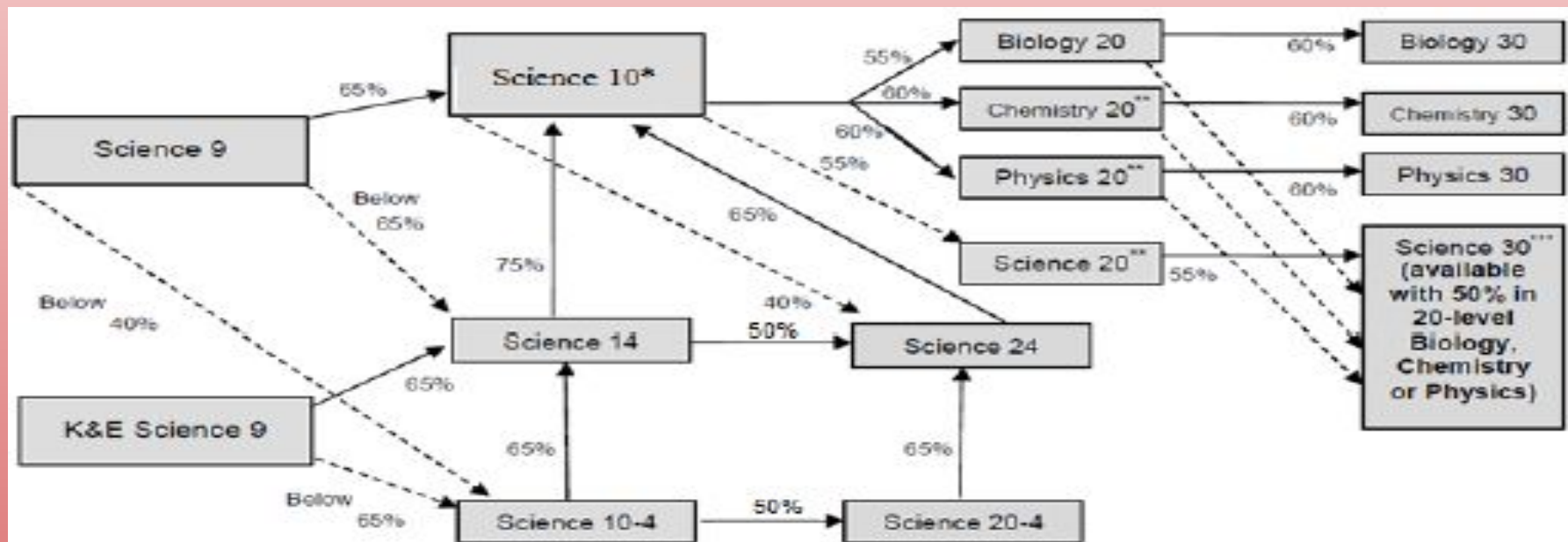
Math 10C - This course is a foundation mathematics course that incorporates a pure mathematical and rigorous approach. This course builds on prior mathematical knowledge from the junior high years, allowing students to develop deep conceptual understanding of core mathematical concepts.

Math 20-1 & 30-1 or Math 20-2 & 30-2 - The “-1” course sequence (Math 20-1 and 30-1) is designed to provide students with the mathematical understanding and critical-thinking skills identified for entry into post-secondary programs that require the study of calculus. Topics in the “-1” sequence include: algebra and number; measurement; relations and functions; trigonometry; and permutations, combinations and binomial theorem. The “-2” course sequence (Math 20-2 and 30-2) provides the mathematical understanding and critical thinking skills identified for post-secondary studies that do not require calculus. Topics in this sequence include: geometry, measurement, number and logic, logical reasoning, relations and functions, statistics, and probability.

Math 10-3, 20-3, & 30-3 - This course will lead you into the “-3” course sequence (Math 20-3 and 30-3). This sequence is designed to provide students with the mathematical understanding and critical-thinking skills identified for entry into most of the trades and for direct entry into the workforce.

Math 10-4 & 20-4 - This stream is designed for life skills and mathematical recovery. It is important to note that while this course counts for credit and satisfies the requirement for a K&E Certificate, it does not meet the requirements for an Alberta High School Diploma. All K&E courses need to be scheduled with the assistance of our Learning Support Facilitator.

HIGH SCHOOL SCIENCE



* Math 10C recommended as a co-requisite

** Math 10C recommended as a prerequisite

*** Biology 20, Chemistry 20, Physics 20 and Science 20 are ALL possible prerequisites for Science 30

HIGH SCHOOL SCIENCE

Science 10 - Science 10 is the prerequisite for all students intending to study any academic science at the grade 11 or 12 levels. Proficiency in mathematical skills at the junior high level is required for success in Science 10.

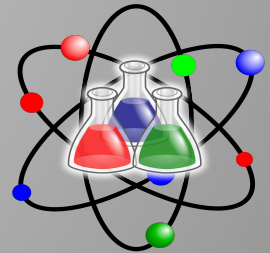
Biology, Physics, Chemistry, & Science 20/30 - These science courses are designed to help students learn basic concepts, skills and attitudes needed to prepare them for future scientific studies. They will focus on higher level thinking skills such as synthesizing information and evaluating data.

Science 14 & Science 24 - These courses are general science courses that introduce students to relevant, practical, and concrete applications of science concepts.

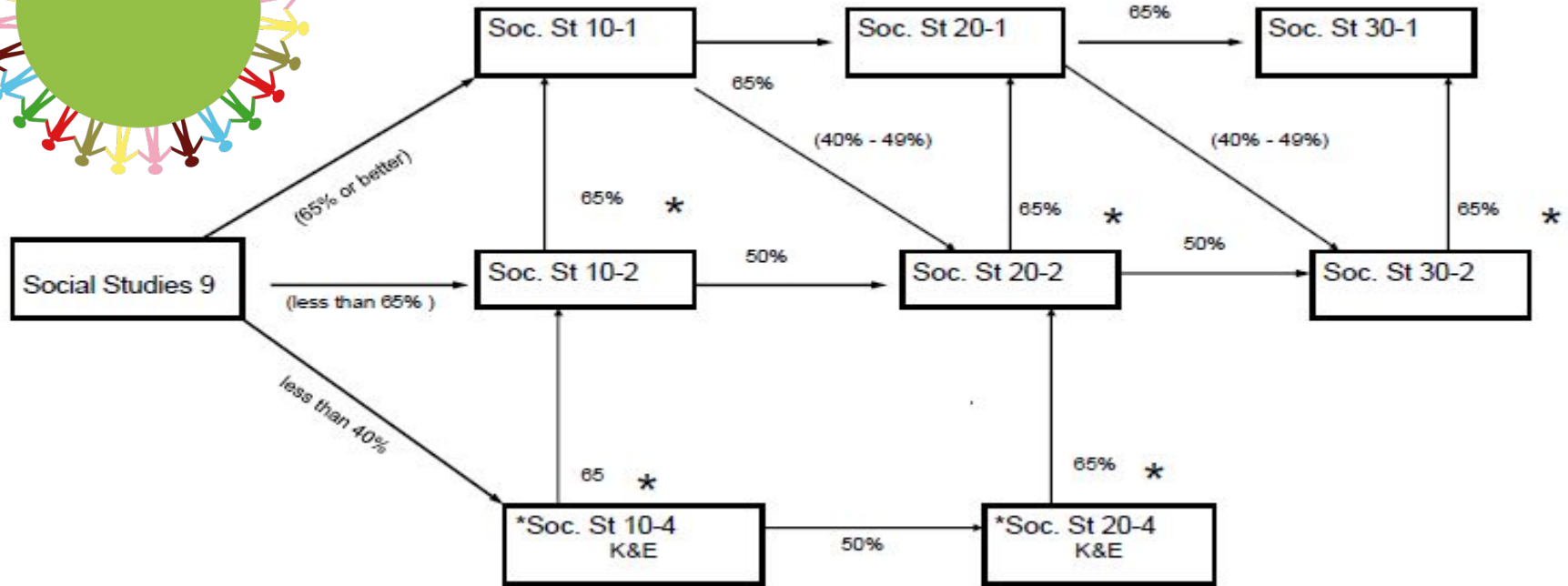
Science 10-4 & Science 20-4 - When science components are organized into appropriate contexts, students can use their knowledge to solve problems and make decisions about science in relation to their everyday experiences. All K&E courses need to be scheduled with the assistance of our Learning Support Facilitator.

Notes:

- All students must successfully complete a 20-level science course to meet diploma requirements.



HIGH SCHOOL SOCIAL STUDIES



➔ Arrows indicate possible transfer points from course sequence to course sequence.



HIGH SCHOOL SOCIAL STUDIES

Social Studies provides opportunities for students to develop attitudes, skills and knowledge that will enable them to become engaged, active, informed, and responsible citizens. All Social Studies courses emphasize critical thinking, citizenship and social responsibility. All Social Studies courses integrate concepts in geography, history, economics, and political science.

Social 10-1, 20-1, & 30-1 - These courses place more emphasis on essay writing and research skills, reading, critical analysis, and complexity of historical and current issues.

Social 10-2, 20-2, & 30-2 - These courses place more emphasis on analysis and personal responses writing than essay writing.

Social 10-4 & 20-4 - Social Studies develops the key values, attitudes, knowledge, understandings, skills and processes necessary for students to become active and responsible citizens, engaged in the democratic process. All K&E courses need to be scheduled with the assistance of our Learning Support Facilitator.

Note:

- All students require a 30-level Social Studies course in order to qualify for a high school diploma. Students pursuing an Knowledge and Employability Certificate of Achievement are required to complete either Social 20-4 or 10-2.

Other Required Courses for High School Diploma

Career and Life Management (CALM) - The aim is to help students to make well-informed, considered decisions and choices in all aspects of their lives and to develop behaviours and attitudes that contribute to the well-being and respect of self and others, now and in the future. CALM is a vital component of comprehensive school health education. It emphasizes knowledge, attitudes, behaviours, competencies, and values, and provides students with opportunities to enhance their capacities in problem solving, critical thinking and reflection.

Physical Education

Physical Education 10
3 or 5 Credit



Physical Education 20
3 or 5 Credit



Physical Education 30
3 or 5 Credit



The aim of the physical education program is to enable individuals to develop the knowledge, skills, and attitudes necessary to lead an active, healthy lifestyle. Alberta's vision for education focuses on children and their ability to achieve their individual potential, creating a positive future for themselves, as well as enhancing their quality of life. The kindergarten to Grade 12 physical education program contributes to the development of life skills for the personal management of health, for the use of physical activity as a strategy for managing life challenges, and for a setting within which to practice the ability to work with others. The program provides an equitable opportunity for all students to realize the benefits of physical activity. These courses are offered in a 3 credit (every other day) or 5 credit (every day) course.

Note: Physical Education 10 is a requirement for a High School Diploma, it can be either 3 or 5 credit. Physical Education 10 - 3 credit, is no cost. All other Physical Education courses are fee based.



Graduation Requirement Courses

Students attending Christ the King School are required to take one Religious Studies course each year. As members of our Catholic high school community, we believe our students will benefit from a Christ-centered learning environment. They will have the opportunity to explore religious thought, develop their faith and grow spiritually in an atmosphere of Gospel values and Catholic heritage. An integral part of our religious studies program is the Charged! team development and faith formation days for each grade level.

Religion 15 - Christ and Culture brings Canadian culture into conversation with Christ for young people. Christ and Culture focuses on three key elements:

- the human being—the student who enters into the dialogue.
- culture and the things that shape culture in Canada.
- the person of Christ as he is present and active among us and in us today in the power of the Holy Spirit.

Religion 25 - Jesus Christ: God's Gift of Salvation invites students to deepen their relationship with Jesus through a prayerful study of Scripture. Students will explore the Jewish historical, religious, and cultural world into which the Messiah was born, and the Old Testament covenant fulfilled. Using the Gospels as primary sources, the course explores Jesus' birth, early life and ministry; his preaching of the Kingdom of God; his special teachings, particularly the parables; and his miracles. It then focuses on the scriptural accounts of his death and Resurrection, and the Ascension, and their central significance for the Church's understanding of Jesus as the Christ, the Son of God.

Religion 35 - Humans are relational beings, and it is often through our relationships that we find meaning in life. The way that young people relate to the world is often shaped by a variety of sources, some of which are life-giving and others which are destructive. Regardless, young people continue to search for ways that will bring them into a relationship with self, others, and God.

High School - Elective Descriptions



Aboriginal Studies 10-20-30 - 3 Credits Each - You are about to embark on an exciting journey which will help you better understand the following question: how do Indigenous cultures view the world around them? These courses complete a series of courses dedicated to the culture, knowledge, and history of Indigenous Peoples in Canada.



Art & Design 10-20-30 - 3 or 5 Credits Each - Students will create art by using a variety of media. They will develop their artistic, technical, and critical skills as they explore visual expression; and they will discover various ways to share their thoughts and ideas with others. Please note that 30 level Art is only offered as a 5 credit course. *Fees apply*



Aviation-Flight - 3 Credits Each - This course will provide the opportunity to develop the skills necessary to succeed in aviation. Students will be prepared for future careers in the aviation field by developing a transitional plan to post-secondary programs that includes entrance requirements. Students may access Transport Canada exams and upon successful completion will have met the criteria for the “ground school” portion of pilot training. *Fees apply*

High School - Elective Descriptions Continued



Ceramics 15-25-35 - 5 Credits Each - Students become familiar with a variety of ceramic processes and techniques from shaping and manipulating a wet medium through to the product of the kiln. They learn traditional craftsmanship and become knowledgeable about ceramics through studio practice. *Fees apply*



Computers Applications- 1 Credit Modules, 3 credits available per semester. - Computers offer a unique blend of many exciting modules in several different areas. From video design and programming to animation and 3D printing—plus many others—students can choose the modules and the success path that best fit their interests in Grades 10, 11 and 12. *Fees apply*



Computers Science- 1 Credit Modules, 5 credits available per semester. - Students explore hardware, software, and processes. This includes an introduction to the algorithm as a problem-solving tool, to programming languages and to the role of programming as a tool for implementing algorithms. *Fees apply*

High School - Elective Descriptions Continued



Construction Technology - 1 Credit Modules, 3 credits available per semester. - In Construction Technology, students can earn up to 18 credits learning how to safely transform common wood materials into useful products, and gain knowledge in all areas of carpentry and construction. Students will be able to design or adapt plans for projects, and build them using proper construction techniques. Students are able to take all projects home after completion. *Fees apply*



Cosmetology Studies - 1 Credit Modules, 3 credits available per semester. The curriculum focuses on personal grooming, body care and enhancement practices. It provides students opportunities to explore and prepare for hairstyling and esthetic career options. *Fees apply*



E-Sports - 1 Credit Modules, 4 credits available per semester - Fundamentals provides students a digital framework through an esports lens. Students will explore the history of esports, learn genres of games, practice good gamer health, learn basic technology information and hands-on troubleshooting, explore college and career readiness with a technology focus, engage in digital citizenship, preventative mental health, teamwork, journaling and reflection. *Fees may apply*

High School - Elective Descriptions Continued



Food/Culinary Arts - 1 Credit Modules, 3 credits available per semester - Foods is a “hands on” practical course that will expand a student’s culinary talents, stretch their knowledge, and delight their taste buds. Students will attempt to master the basics and then prepare gourmet delights. CTS Foods modules provide an opportunity for students to explore food technology, multicultural diversity, healthy attitudes, and trends in eating through both the written and practical approach. *Fees apply*

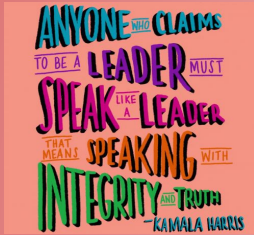


French 10-20-30 - 5 Credits Each - French is offered through a Three-Year Second Language Program. The goal of the program is for students, upon 30 level completion, to understand and express themselves in basic situations. In addition, they can use the cultural and strategic knowledge they have gained to sustain communications, given adequate support and familiarity with the situation.



Guitar 15-25-35 - 5 Credits Each - Guitar 15, 25, 35 offers students the opportunity to develop instrumental musicianship through playing and performing guitar. Students will learn guitar technique, basic elements of music theory and critical listening skills. Guitar offers many opportunities for students to explore, learn and write guitar music in the style of their choice. *Fees apply*

High School - Elective Descriptions Continued



Leadership - 1 Credit Modules, 3 credits available per semester - This course is to provide students with the knowledge and skills necessary for effective communication, teamwork, and service to others in the school and community. It recognizes that the students must understand the concept of leadership and must be able to lead themselves before they can be effective leaders for others.



Marketing - 1 Credit Modules, 5 credits available per semester - Students identify basic management and marketing concepts, and describe retail merchandising strategies of value to the retail employee, manager, or owner. If you are interested in business promotion, creating business plans, and working in the financial industry this is a great course.



Media and Cinema 15-25-35 - 5 Credits Each - Love movies? Love talking about movies? Want to know what makes your favorite movies so great? Media and Cinema students learn the techniques used to create films, learn about what makes a story so popular in today's culture, and how these films will continue to influence the film industry and society for years to come.

High School - Elective Descriptions Continued

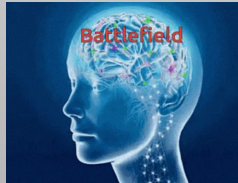
Social Sciences

Mental Health Literacy 15 - 3 Credits - This course teaches about the importance of mental health and mental wellness techniques.

Personal Psychology 20 - 3 Credits - Learning about topics such as personality, social behavior, intelligence, sensation and perception, love, relationships and lifespan development can help you to better understand yourself as well as the other people in your life. Psychology can help you become a better communicator, a better leader, and even a better friend.

General Psychology 20 - 3 Credits - During this course students will gain a broad understanding of many topics of study, including: learning and thinking, memory, social psychology, conflicts and disorders, as well as career opportunities

Abnormal Psychology 35 - 3 Credits - Often considered one of the most fascinating branches of this multidimensional field, abnormal psychology is a study that deals with better understanding the wide range of psychological disorders that impact human behaviors. - General or Personal Psychology 20 is a prerequisite for this course.



High School - Elective Descriptions Continued

Sport and Fitness

Fitness and Sports Medicine - 1 Credit Modules, 3 credits available per semester - This course is a participation course geared towards individuals interested in working in athletic fields such as Athletic/Personal Training and Athletic/Physiotherapy. Students will study health services foundations, the musculoskeletal systems, and injury management. *Fees apply*

Sports Performance 20 - 1 Credit Modules, 3 credits available per semester - Sports Performance 20 is a competitive sport based fitness class. Come train for your sport while learning training principles, sport nutrition and alternate training activities for optimum performance. Students will make use of the CTK Fitness Centre as well as other facilities around Leduc. *Fees apply*

- **Sports Performance 20-A** - Consists of Foundation for Training 1, Foundation of Training 11, and Project C - Linked to Foundation for Training 1 & 2. - PE 10 is a recommended for this course.
- **Sports Performance 20-B** - Consist of Cardiovascular Training, Speed and Agility, and Project D. - Sports Performance 20-A is a prerequisite for this course.



High School - Elective Descriptions Continued

Sport and Fitness Continued

Yoga Fitness 15-25-35 - 3 Credits Each - This course has been designed to introduce basic postures, breathing techniques, and relaxation methods of yoga. This sequence of courses does not include the spiritual elements associated with Yoga.

In Yoga, students experience the health benefits of the discipline of yoga and develop skills that enable them to develop well-being, balance multiple aspects of their lives, and manage priorities. Yoga is a holistic pursuit of wellness where students are encouraged to challenge their limits, both physically and psychologically. By experiencing these challenges, while learning in a supportive group setting, students will gain a better sense of identity, both as individuals and as active agents of a broader world. *Fees apply*



High School - Elective Descriptions Continued

Theatre Arts

Drama 10-20-30 - 5 Credits Each - Drama fosters positive self-concepts by encouraging students to explore life through assuming roles and acquiring dramatic skills. The imaginative exploration involves setting up and acting out dramatic situations, communicating within those situations, and reflecting on the consequences. It is this reflection that provides the knowledge for self-development.



High School - Elective Descriptions Continued

Theatre Arts Continued

Musical Theatre 15-25-35 - 5 Credits Each - Musical Theatre combines drama, vocal and instrumental music, art and dance to enhance the depth and breadth of expression. Students will experience opportunities to express, collaborate and grow as they bring together all of these elements. Drama 10 is a prerequisite or corequisite for this course.

Advanced Acting 15-25-35 - 5 Credits Each - Advanced Acting expands the specific skills related to performance and is designed to extend the foundation skills outlined in Drama.

Technical Theatre 15-25-35 - 5 Credits Each - This course provides an opportunity for students to gain knowledge and practical experience with theatre production. Students will work in sound and lighting design for productions for Musical Theatre. Set design construction, prop making, and stage management.



High School - Elective Descriptions Continued



Yearbook - 3 or more credits (all year commitment) - Are you interested in helping create our schools yearbook? You will be taking compelling photos of school sports, student life, mass, musicals, arts and culture, academics and all the other exciting things that make up CTK! You will also help create the yearbook digitally for the current school year. Join the Yearbook and contribute to capturing these memories!! These credits will come from work experience for volunteering. A minimum of 75 hours is required during the school year.



Fieldtrips:

Christ The King takes their students on many different field trips throughout the year. Helping to build friendships and memories. CTK offers different opportunities for students depending on what they are interested in. Making sure that everyone has a chance to make a memory

Clubs:

Include:

- ✔ Student Council
- ✔ International Travel Club
- ✔ Music Ministry
- ✔ Yearbook Club
- ✔ Athletic Charger Teams

Mental Health

Christ The King takes their student's mental health very seriously. By this, the school will make sure that the students get what they need to deal with any issues. CTK has a guidance counselor and mental health days to help ensure that the students feel their best

[HTTPS://CTK-STARCATHOLIC-AB.CA/](https://ctk-starcatholic-ab.ca/) LEARNING AND GROWING IN CHRIST (780) 984-6352



Other High School Options



Work Experience Program

The Work Experience Program is for students 15 years of age and older. Students can gain valuable experience in a career pathway of interest, can be paid for this experience, and obtain high school credits as well. Students can earn 3 to 10 credits (25 hours per credit) in each separate Work Experience 15, 25 and 35 course. They will be able to count a maximum of 15 credits towards their diploma requirements. The Work Experience Program can be extremely beneficial for students to learn new skills, network within the community and obtain a positive job experience base that will enhance and benefit any future career they strive for. This program can also be used as an introduction to the Registered Apprenticeship Program placements.

Registered Apprenticeship Program (RAP)

The Registered Apprenticeship Program (RAP) is an apprenticeship program for high school students who are also 15 or older. This program is ideal for those students who have already identified their career pathway, and are ready to get started learning and practicing their future trade while in high school. Please visit: <http://tradesecrets.alberta.ca/trades-occupations/> for a list and description of the trades in Alberta.

RAP students divide their time between an approved worksite and their high school. They take regular courses such as English, Social Studies, Science and Math in order to earn their Alberta high school diploma. RAP students are considered both full-time students and registered apprentices. The time a RAP student spends at school and on the worksite can be quite flexible. The student might work as a RAP apprentice for a semester, for half of each school day, for one or two days per week; or during summers, holidays, and weekends.

For more information on either of these programs, please talk to your school counsellor.

FLEX BLOCK

What: A Flex Block is a flexible time period set aside in the school day that gives students time for extra help or enrichment opportunities. In addition to helping students catch up or meet competencies, it allows them the opportunity to pursue topics and activities that interest them.

When: Every Tuesday and Thursday from October to December and March to May.

Who: All students are required to take part in flex. This is an attendance based block.

Purpose: Extra help, student-centered curriculum, life skills, post secondary presentations, and mental wellness.

Outreach/Inreach Programs Available

STAR Catholic Outreach School



STAR Catholic Outreach School provides senior high students with a Catholic education through a self-directed, alternate delivery approach. We provide programming that allows students at Christ the King to upgrade, work ahead, and/or address any scheduling conflicts. We offer all senior high **core** courses and off-campus programs (Work Experience and the Registered Apprenticeship Programs). We are fortunate to have STAR Catholic Outreach School attached to our school making it easily accessible for our students.

Elk Island Outreach School (EICS)



EICS provides senior high students opportunities to take online **elective** courses in order to address any scheduling conflicts within the students' timetable.

If you would like more information on programming at STAR Outreach or EICS, please contact our student services department.



Student Clubs & Groups



Co-curricular activities and extra-curricular activities are an important part of life at Christ the King. In addition to clubs and teams, there are many leadership and service opportunities. The activities offered during any school year depend upon student interest and the availability of staff advisors. What follows are brief descriptions of a few of the activities and programs that will assist students in enhancing their faith, leadership skills, athleticism, and school spirit.

Student Council/Rotary Club - This club serves as a voice for the student body. Students from all grade levels are encouraged to be involved in the council. They are involved in organizing theme days and events throughout the year. In addition to this, students are encouraged to participate in activities focused on social justice and numerous community service projects.

Music Ministry - Music Ministry provides students with an opportunity to lead the school in music and song during school masses. Students are invited to share their singing and/or instrumental abilities throughout the school year. Music Ministry meets during lunch hours a few times per month.

Grade 9 Travel Club - Our grade 9 students have the opportunity to travel to Victoria for 4 days to experience the beauty and wonders of Vancouver Island. Activities include caving, harbour kayaking, ziplining, whale watching, visiting Victoria Bug Zoo and the Royal BC Museum Imax. In addition, team building activities such as escape room challenges complete this journey.

International Travel Club - At least every other year Christ the King School hosts an educational tour abroad. Past adventures have taken our students to Germany, Poland, Spain, France, Italy, Greece, and Costa Rica. The tours allow the students to discover and learn about different cultures; earning credits for Tourism through flex sessions prior to departure. Students must be in Grade 10-12.





CTK Charger Athletics



Christ the King has a proud tradition in interscholastic sports. Christ the King “Chargers” compete in the Edmonton Metro League in the following sports: golf, cross country running, volleyball, basketball, soccer, and badminton. Recent highlights include: Three Metro-Edmonton League Championships (Boys Volleyball, Basketball and Golf) and Edmonton Zone Championships (Girls Volleyball and Basketball; and Boys Volleyball and Golf). The Chargers also host annual volleyball and basketball tournaments. Christ the King has had numerous Edmonton Metro All-Stars in Basketball and Volleyball.



Student Opportunities

Awards Programs:

Christ the King has a comprehensive Awards Program that is both school based and community supported. Students earn awards in many categories including, but not limited to:

- Highest Achievement in Individual Subject Areas
- Honour Roll and Rutherford Scholarships
- Outstanding Contribution in Subject Areas
- School and Community Service
- Leadership and School Spirit
- Athletics
- Fine Arts
- Stewardship
- Citizenship



Scholarships:

Students are provided with several scholarship application opportunities throughout their years at Christ the King School. Watch for opportunities in the daily announcements or on the bulletin board outside of the counsellor's office.

<https://ctk.staratholic.ab.ca/students/awards-and-scholarships>

Questions?

If you require any assistance with registration, PowerSchool, School Cash, or anything else, please feel free to contact our office at 780-986-6859 and we will be happy to assist you.



Natasha Irvine
Admin Assistant



Deb Wiesener
Admin Assistant